

## What is Camp Meadowlark?

Basketball Hall of Famer, Meadowlark Lemon, the ageless hoop-master, “Clown Prince of Basketball”, strives to reach today’s young people through **Camp Meadowlark**, a co-ed sports camp that began in 1989 offering camps nationwide and was featured in Sports Illustrated. Whether you are a newcomer to the sport or a varsity level player, **Camp Meadowlark** is a specifically created basketball camp designed to help young basketball players develop skills athletically while also teaching them the importance of education and staying healthy. It is a complete program to teach the important skills and fundamentals of basketball, improve your basketball skills, leadership, and confidence and take your game to a higher level. Meadowlark emphasizes four attributes of basketball: physical, psychological, social, and spiritual.



Physical conditioning is a key factor in the longevity of Meadowlark’s career, and the difference between an average player and one of the legends of the game. **Camp Meadowlark** teaches young athletes about applying the mental or psychological parts of the game to everyday life to handle pressure, to set goals, and to strengthen moral character.

Meadowlark is personally dedicated to every camper giving them one-on-one attention helping them improve their individual basketball skills in all areas of the game. It’s a unique and fun-filled learning experience with a focus on becoming a total player. Each camper is taught to learn the skills, when to use them, how to practice, then put them to use. These are the fundamentals upon which Meadowlark built a long lasting career leading to the highest honor any professional player can receive – Basketball Hall of Famer Class of 2003.

As a special feature, these young athletes get passing, dribbling, and basketball handling skills. Each camper completes the camp feeling good about their achievements. Meadowlark understands that when young people feel good about themselves they will also treat others with more respect.

**Physical:** Camp Meadowlark is designed to show the importance of physical condition as a key factor in the longevity of Meadowlark Lemon’s career, the difference between an average player and one of the legends of the game.

**Psychological:** Applying the mental parts of the game to everyday life to handle pressure, to set goals, to strengthen moral character and treat others with respect and kindness. Learn to become a team player, practicing good sportsmanship on and off the court, challenging yourself to get better each day and enjoying your successes along the way.

**Social:** To be able to interact with players and individuals from all other walks of life, regardless of gender, race, color or creed. To replace bullying with respect and seeking to understand and appreciate the uniqueness of others. Following the “Golden Rule” to **treat others the way you want to be treated....”**

**Spiritual:** To give God glory for all our talents and gifts.

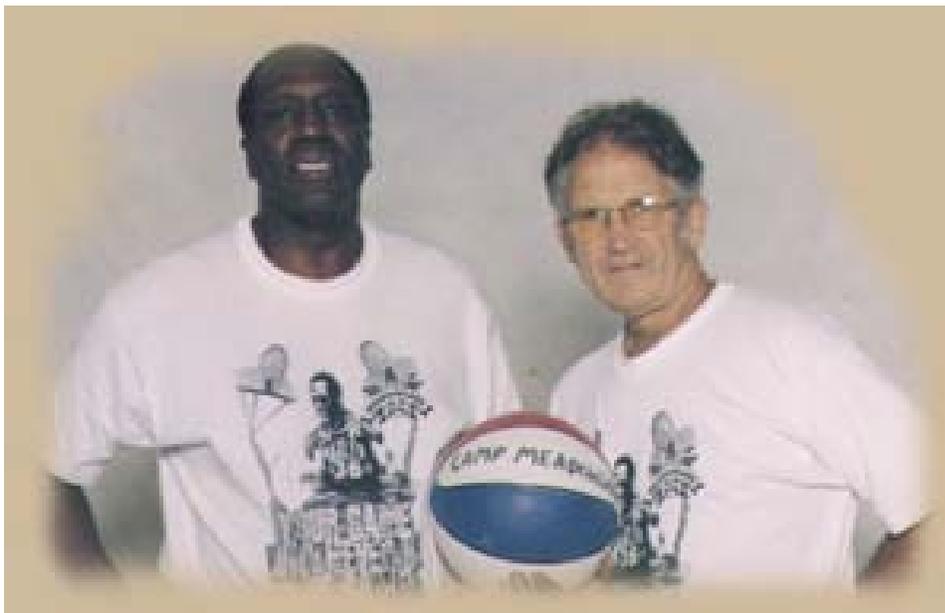
Meadowlark Lemon’s personal dedication to every camper is your guarantee that **Camp Meadowlark** will be a very unique and FUN-FILLED learning experience. Your child’s opportunity to be taught by the Legendary Meadowlark Lemon, Basketball Hall of Famer and the most popular member of the most beloved sports team in history – The Harlem Globetrotters.

## **Become a Total Player**

- Learn The Skills
- When to Use Them
- How to Practice...
- Then Put Them to Use..

## **Camp Meadowlark Staff**

Our sport specific staff of coaches and counselors have been carefully screened and selected on their ability to teach and relate to young people focusing on the whole player, teaching your young athlete skills they need both on and off the court to become a better athlete. Each **Camp Meadowlark** staff member is capable of discussing on a one-on-one level the importance of teamwork, responsibility, academic perseverance, dealing with peer pressure, self-motivation, building a positive self-esteem and the dangers of substance abuse, bullying and violence.



For over twenty years, Coach John Mayberry has assisted Meadowlark with Camp Meadowlark basketball camps and clinics across the country. Coach Mayberry was elected into the California Coaches Hall of Fame and has been active in education and coaching for over 30 years.

## **Here's How a Camp Meadowlark Camper will Benefit:**

- Intense teaching of basketball skills whether you are a newcomer to the sport or a varsity level player
- Individual attention
- Learn to analyze and correct your shot
- Experience team contribution and role acceptance
- Motivation to work independently during the off season
- Challenge yourself
- Motivational advice
- Awareness and instruction sessions conducted by professional athletes and guest speakers
- Meadowlark Lemon's personal advice



## **Daily Itinerary:**

- Day Camp (9:00 AM – 3:00 PM)
- Self-Improvement – take your game to a higher level
- Circuit Stations: Skills & Drills
- Contest & Game Situations (1 on 1 to 5 on 5)

## **Camp Features:**

Ratio 12 to 1

Meadowlark Lemon and Coaching Staff members with a reputation of excellent teaching focused on the fundamentals

- Total instructions from individual play to team concept
- Camp T-shirt
- Instructional Ball
- Guest Speakers
- Academic Achievement and Substance Awareness Programs
- How to Practice

### **Camp Meadowlark Staff Will Teach You:**

- Ball Handling
- Dribbling
- Passing
- Rebounding
- Shooting
- Footwork
- Vision

Contact us today to book Camp Meadowlark in your area – the camp is typically three days or you can book a one day basketball clinic. The camps are usually 9am to 3pm during the off school times or can be scheduled as an after school camp from 3pm – 8pm during school times. We can tailor Camp Meadowlark to meet your specific needs.